

Atlantic Counseling

www.atlantic-counseling.com

Always Here to Help

You Can Trust Atlantic Counseling
For All of Your Psychological & Psychiatric Needs

Psychiatry

- Child – Adult
- 25 + years of experience

Psychotherapy

- Children – Adults
- Individuals, Families, Couples
- 20 + years of experience

Coaching Programs

- ♦ AD/HD Coaching
- ♦ Life Coaching
- ♦ Retirement Coaching
- ♦ Executive Coaching

Hours

- ♦ Weekdays: 8:00 a.m. – 10:00 p.m.
- ♦ Saturdays: 9:00 a.m. – 6:00 p.m.

Counseling Services

- Medication Evaluation
- Medication Management
- ADD/ADHD Children & Adults
- Depression and Anxiety
- Obsessive/Compulsive Behavior
- Marital Counseling
- Stress Management
- Self Esteem
- Post-Traumatic Stress Disorder
- Grief and Loss
- Substance Abuse/Addictions
- Victims of Violence
- Child and Adolescent Adjustment
- School/Social Issues
- Intergenerational Issues
- Work/Life Balance
- Life Cycle Issues
- Adoption and Infertility Issues
- Chronic/Catastrophic Illness
- Spirituality

Insurance Plans

- AETNA
- BCBSMA
- CIGNA
- CMG Associates
- Empire BCBS
- First Health
- Healthcare Value Management/CCN
- Health Source
- Great West
- KGA
- Magellan (HMO Blue)
- Medicare
- PacifiCare
- PHCS
- Pro Mutual
- Teamsters
- Tufts
- UHC
- UBH
- Value Options
- HPHC/Value Options
- Wellness Corporation – EAP

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